
After a Suicide Loss

American Foundation for Suicide Prevention

The immediate aftermath of a loved one's suicide is a challenging, confusing, and painful time. Information on this website will help you get through the first few days with a better understanding of the things you're likely to face.

Practical Information for Immediately after a Loss

You are not alone. Suicide affects millions each year.

I've Lost Someone

More tools from the American Foundation for Suicide Prevention

Surviving a Suicide Loss

A Resource and Healing Guide

Children, Teens, and Suicide Loss

Healing Conversations

Personal support for suicide loss

International Survivors Day of Suicide Loss

Find a Support Group

Loving Memories

Digital Memory Quilt

American Association of Suicidology

SOS A Handbook for Survivors of Suicide Loss

