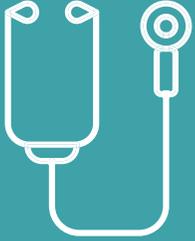


Caring
For Your
Children



Child & Teen Checkups

Babies: 1, 2, 4, 6, 8, & 12 months

Toddlers: 15, 18, 24 and 30 months

Children 3 years and old should have
an annual C&TC exam.

Child & Teen Checkups help you follow your young child's development and guide your older children through their health choices.

Child and Teen Checkups



C&TC Exams Include

- Head to toe physical exam
- Developmental screening
- Height & weight check
- Child specific guidance & education
- Autism screenings for infants
- Fluoride varnish every 3-6 months
- Immunizations
- Hearing & vision screening
- Health history
- Nutrition discussion



C&TCs are provided at NO COST to you as a benefit of your Medical Assistance or MN Care Health Plan

Exams for tweens and teens include:

- Time for you to ask questions
- Time for your kids to get answers
- Mental health screening
- Chemical use screening
- HIV screening & testing (age appropriate)

As part of your Child & Teen Checkups benefit, your children's dental & oral health care is also provided at no cost.

If you have trouble finding dental care, contact Stacey, your C&TC Coordinator for information regarding dental services that may be available for you and your children.



If you are having trouble with transportation to health or dental care appointments, contact your health plan to find out what alternatives might be available to you!



Aitkin County C&TC Coordinator
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