

# COVID-19

## INFORMATION AND RESOURCES



### COVID-19

COVID-19 is a disease caused by coronavirus droplets that pass easily from one person to another. It is caused by a type of coronavirus not found in people before 2019.

#### How Do I ...

[Find out more about COVID-19?](#)

[Find out more about current vaccine recommendations?](#)

[Make an appointment for a flu or COVID-19 vaccination or booster?](#)

[Find out more about testing or getting a test kit?](#)

[Find out what to do if I am sick with COVID-19 symptoms or test positive for COVID?](#)

[Learn more about Long COVID?](#)

### Vaccinations

Getting vaccinated is one of the best things you can do to protect yourself from COVID-19.

Public Health is still providing COVID-19 vaccinations and boosters and will have them available during flu shot clinics this fall.

To view the clinic schedule & register for an appointment, click [HERE](#)

### Testing

It is a good idea to keep a COVID-19 test kit on hand at home. If you are sick, stay home, wear a mask and get tested right away even if you have been vaccinated.

Public Health has OTC test kits available, while supplies last, at the Health & Human Services Office.

### Be Prepared

It is helpful for you to be prepared for COVID-19, influenza, or other respiratory illnesses by having age appropriate cold & flu medications, fever reducers, cough syrups, and tissues on hand. Always read package directions, so you do not take too much of any medication.

### Long COVID

Long COVID is a post-COVID condition. Post-COVID conditions are health problems that people experience four or more weeks after being infected with the virus that causes COVID-19. Post-COVID conditions are also called Long COVID, long-haul COVID, chronic COVID, post-acute COVID, or post-acute sequelae of COVID-19 (PASC).

