

OPIOID SUBCOMMITTEE AGENDA

Location: MidMinnesota Credit Union
961 2nd St. NW Aitkin

Date: September 26th

Time: 1:00pm-3:00pm

Facilitator: Liz Short 218.927.7267

Present: Rachel, Luke, Jim, Penny, Kevin, Adam, Bret, Kami, Liz

Absent: Aileen, Andrew

Agenda Items

1:00pm

Introductions

1:15-1:45

Opioid Presentation Re-Fresh

How we got here

- Liz gave brief Ppt. presentation to recap Opioid Settlement Background and why the opioid crisis is so hard to combat.

Role of the committee

- Purpose of the committee per the AC toolkit was reviewed.

1:45-2:30

Break out session(includes break time)

Areas of Mitigation

Guiding Principles

Breakout presentations

The committee divided up into four groups with each addressing an area of mitigation. Groups used the MOU, guiding principles, online resources and known knowledge of the crisis in the community to defined each category. Each group then presented their understanding of their area to the committee.

Definitions and examples:

Prevention: Subcommittee Examples:

- Improving opioid prescribing—work with prescribers on Rx
- Reduce Expose-any education across all age groups. People with life experience impact youth
- Prevent misuse—example: drug disposal and training

- Treating OUD—what does that look like in Aitkin County

Harm Reduction

Subcommittee Definition and examples:

- The core of harm reduction is you give the person to set that bar without the requirement to quit using. We have to meet people where they are at. Everyone is at a different stage. Harm reduction extends to secondary harm like HIV, Hepatitis C.
- Despite overdose and continued addiction, people can and will overcome addiction. Trying just people in a position to get help. Examples:
- Fentanyl test strips, needle exchange, peer support access to treatment—needs to be timely

Treatment

Subcommittee Definition and examples:

- Examples: intervention when incarcerated.
- Medication assisted treatment programs
- Broad program's
- Will we address other addictions on this committee? The committee will address any behaviors or risk factors that can lead or contribute to substance abuse.

Research and Training

- Subcommittee Definition and examples:
- Research: Data collection, demographics, surveys, current programming, evidenced based practices? Are there other treatments for OUD
 - Cost analysis related to OUD. New treatments? Research
- Training: Providing and allowing others to go to trainings, facilities, and support community events. Attend trainings for prevention, relapse, history, side effects, identify OUD.

2:30-2:55

Committee Rules of Engagement (as much as we can get through this first meeting)

Discussion on what is confidential these meetings are open to the public? We should address at next meeting. Questions about conflict of interest to be addressed when we get to that part of our rules of engagement.

Other topics tabled until next meeting.

Equal Voice

Meeting Formats

Confidentiality

Frequency

Conflict of Interest

Terms

2:55-3:00pm

Schedule Next Meeting: October 24th 1-3pm same location.

Next Meeting: Finalize our four areas and Rules of Engagement.