

2ND ANNUAL STAY



Walk, Run, & Rally
A Community Event to Prevent Suicide

August 2nd, 2025
Downtown Aitkin

Promoting mental health and
wellbeing and reducing suicides in
our communities.

WALK or RUN the 2nd COLOR RUN (OR WALK) FOR LIFE!

At 8:00 runners will start and at 8:05 walkers will start on 2nd Avenue NW, head to the park to hit the Aitkin City Walking Trail to Westwood Dr. and loop back downtown. Walk or run in memory or honor of your loved ones.

There is no fee, but donations are extremely appreciated from you or your organization.

8:15-9:00
Refreshments for
walkers and runners
will be served at
Petals of Peace.

9:00-12:00
LOCAL MENTAL HEALTH
SERVICE PROVIDERS will
provide a resource fair in
front of Petals of Peace.

Jan & Mike Cherry
will provide music
on The Terrace
before and between
speakers.

At 9:00 and 10:30 AM: Speakers on the terrace!

BROUGHT TO YOU BY:



CAPS

Committee for the Awareness
& Prevention of Suicide

**Register to walk or run: scan
the top QR Code:**



**To volunteer, scan the
bottom code or call
218-927-7201**

